



**Association for
Development
Human World**

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CONCEPTUAL NOTE

Présentation of ADHM :

The association ADHM (Association for the Human Development Mondial) was founded on July 23, 2015 in Marlioz in Haute Savoie after a first trip in July 2015 and the discovery of a population which lives in conditions of survival, Without access to water, without access to health, with poor access to education, poor hygiene conditions, without a local economy because of isolation. All these survival conditions prevent any development solution

ADHM is currently operating in Cameroon, Haute Sanaga, in 12 villages between Nguinouma, Medalmbom and Meyack. An ADHM branch was created in Cameroon, ADHM Cameroon, recognized by a ministerial decree of 13 February 2017 .

ADHM aims to:

- Decrease extreme poverty and hunger
- Ensure education for all
- Promote gender equality and women's empowerment
- Reduce the mortality of 5-year-olds and improve maternal health
- Allow access to care -
- Ensure a sustainable environment
- Establish a global partnership for development

ADHM Identity Elements:

Vision, Mission, Strategy and Values

Vision of ADHM:

Make the world more just by taking action by setting up development tools in close collaboration with the people.

Mission of ADHM :

The implementation of development projects to raise people's living standards and their well-being.

ADHM Strategy :

Target populations in extreme poverty, analyze and identify with them their specific needs by making them autonomous to achieve a better standard of living

Values of ADHM:

Empathy, justice, integrity, tolerance, hope.

- **Empathy:** go towards each other with respect.

-**Justice:** to ensure the respect and the equity necessary for the accomplishment of our mission.

-**Integrity:** achieving our goals.

-**Tolerance:** to admit that the other can "be", "think" or "act" differently than oneself.

- **Hope:** in a more just world.

The origin of ADHM:

July 2015 our first trip to the heart of the Cameroonian forest of Haute Sanaga, causes a shock that is akin to a trip back in time.

The living conditions of populations in extreme poverty are those of survival.

The willingness to live to the villagers' ready to understand, sleep, eat washing like them in their villages in their home, makes us realize that solutions to get out of there are possible.

To plan an action we had to understand and therefore live with and like them.

Time, listening, laughter and shared emotions bring us together. Walking from village to village with them in the sometimes complicated climatic conditions, gives us the experience of the lived experience.

Sharing their lives has made us go from travelers to friends. Since 2015 thanks to the various trips and thanks to the experiences in the villages, a common will has been born to build a more just future for our village friends.

The combination of experiences in the humanitarian and development of Pascal, Jacques, Michel, Jean-Philippe, Genevieve and Beatrice in various countries of the world, the life experiences of Georges, an orphan from these villages and especially the reality of his total integration in Europe and France allowed the writing of the ADHM program. Three facts determine our commitment

-Our perception of the conditions of their extreme poverty.

-The despair of young people in the future.

-The awareness of adults, village leaders, notables and elders, that before the departure of young people looking for a better future, they are ready to change attitudes and engage in development with ADHM. This last observation is the key to the success of the program. The concept of the program will be to move from extreme poverty to a local economy by raising their standard of living.

How to do ?

Without money to initiate any departure of economy and without real exchange with the rest of the country we must think with the people to understand and propose the solutions to implement. We estimate that the beneficiary population is 20,000 people minimum.

Surveys in each of the 12 villages, with convocation of populations, meetings with local and national authorities; gives us visibility on the solutions to be put in place with the approval of the leaders and the populations.

To start the development process in the ADHM program, people need to be healthy, have access to safe drinking water, eat better and be as balanced as possible. That they are appropriate living conditions in accordance with human dignity.

It is also necessary that education, social life and exchange solutions with the rest of the country are possible.

The sanitary condition of the villagers, imposes the health project but also the water and sanitation project with the rehabilitation of water sources and the creation of sanitary block (toilets, showers, washbasins and laundry).

To launch into economic development; agriculture will be the starting point for moving from subsistence agriculture to environmentally friendly production, in line with the United Nations millennium goals. Exchanging production agriculture products requires storing and transporting these products; the buildings and roads infrastructure project is created

To raise the standard of living of the populations supposes a minimum of solutions of the better life and thus the project electrification and the social project are also essential.

All these projects will better structure and organize the life of the villages becoming more and more professional thanks to the optimization of time, thanks to the health, the sanitary comfort and the various formations.

Education and training will therefore be part of the solutions to raise the standard of living of village populations

In line with the United Nations recommendation, the education of women is the pivotal point that will allow a better education of children, future actors of social, civic, and economic life.

The ADHM program is inspired by the major orientations suggested by the United Nations.

12 villages are concerned; or 2360 inhabitants representing 20'000 people minimum in the surrounding villages.

12 farming villages living in conditions of extreme poverty.

The ADHM program developed into projects will allow them access to drinking water, hygiene, health, education, sustainable agriculture, and entrepreneurship.

We believe that these development projects wanted by the population will eventually offer exchange solutions, and therefore local economic development in a sustainable environment.

The goal of the Health Project is:

- access to population health through the construction of a primary health center in Meyak in agreement with the Ministry of Health.
- the organization of diagnostic and care missions in the villages.
- The setting up of community health relay volunteers in each village who monitor and report on the health situation of the villagers. These community health relay volunteers will monitor populations, health education and initiation to ordinary care. This project is already operational, it is validated by the Ministry of Health.
- Allow access to hygiene and sanitation of village houses. by making concrete slabs on the ground, inside and outside. Installation of doors and windows with mosquito nets and anti-theft grills, the objective being to raise the standard of living of the populations and thus to slow the exodus of the populations.

The project "water and sanitation provides:

- the realization of a water network in each village.
- The rehabilitation of the sources.
- The electrification of these sources for the rise of water to the main supply.
- Rehabilitation of existing wells
- The electrification of these wells for the rise of water to the main supply.
- The construction of sanitary blocks in each neighborhood for health, cooking and hygiene. The first field studies have already been carried out in all the villages. The first sources of Meyack should be rehabilitated early 2019, the formation of the fountain will allow to replicate the water projects in each of the 12 villages. A well with its water tower, adduction and connection to the installation of the current ADHM house in Yaounde has already been completed in August 2017.

The Education project provides:

- Access to education under good conditions thanks to the rehabilitation of the four schools of Nguinouma, M'Béli, Medalmbom and Meyak.
- ADHM plans to renovate buildings, floors, windows and doors.
- The construction of sanitary blocks with water management, solar electrification.
- The supply of equipment and school furniture, tables, chairs and tables.

The technical surveys for the rehabilitation of the school of Meyack are done, we are waiting for micro funding that will quickly start with the voluntary intervention of local professionals involved in the program.

The agriculture project is the starting point of the economic development of the villages, it aims at:

- Move from subsistence agriculture to agricultural production by pooling resources.
- Provision of various tools and agricultural equipment.
- The creation of a cooperative with commercial partnership agreements.
- Optimize eco-friendly farming methods and popularize new types of plantations for local consumption but especially for commercial production.

- To create the material solutions of storage and transportation of the commodities.

The next ADHM mission will allow to meet the departmental experts as concluded with the prefect of Haute Sanaga in Nanga-Eboko. <http://agriculture.gouv.fr/cameroun>

The Social project provides:

- The establishment of a community center in the three largest villages, including a multipurpose room, a meeting room, an infirmary, an office, a refrigerated room and a reserve.
- Give women their place by offering them education and training. Women are at the heart of family, cultural, health and social balances. They play a central role in health, development and education. They are indispensable for social, economic and environmental progress.
- Partnership agreements have already been found with ACDEV Cameroon. The social project is combined with other projects such as the "Entrepreneurship" or "Agriculture" project with the aim of raising the standard of living of the population and thus slowing the exodus of young people in need of a future.

4

The Electrification project will offer the benefits of solar energy for:

- The different sanitary blocks.
- Community centers.
- The health center.
- Water pumps.
- Schools, but also and especially the light and telephone charging solutions in every home.

The set of studies are finalized and the estimates already done, a technical training agreement has been concluded

The Entrepreneurship project wants to introduce volunteers to the company and structure the economic life of artisans, by providing tools related to business, professional training, business management, and micro credit.

It focuses on the use of local skills to achieve the common goals of local economic development.

The Buildings and Roads Infrastructure Project is responsible for coordinating the construction of all the buildings. All the plans, such as the social center, the sanitary block, the volunteers' house and the integrated health center in Meyack are already under construction. made and quotes available.

The project also aims to renovate but also supervision of the Ndomkol road construction site in Meyack allowing the disintegration of Nkang-Yan, Engamsi and Zemle. ADHM has already done feasibility studies and local construction professionals have positioned themselves for the implementation of the site. In the project is also planned the rehabilitation of the houses of the villagers and in priority the concreted floors and the plastering of the walls for reasons of safety and comfort. The implementation of all these projects is therefore intended to create the conditions for village development and will be replicable.

En attendant les financements, l'organisation du programme débute par le projet "pilote" de Meyack qui sera la vitrine de l'accord avec les chefs de villages. Ce projet "pilote" permettra de vivre les expériences d'organisation en situations réelles pour la reproduction des programmes à venir.

To administer this Program, professionals in the management, entrepreneurship, social, legal and development sectors, many of whom have many years of experience in the field, have organized themselves into ADHM. The organizational phases, research of skills, structuring of projects and relations with the authorities and certain partners are partially carried out. 5

The website ADHM.fr contains many documents, such as Newsletters telling our actions during our missions on site, but also various presentation films.

Since the first meeting in Nkang-Yan in July 2015, the signing of a memorandum of understanding with the village chiefs but also with the Minister of Health in August 2017 ADHM laid the foundations for the 8 projects.

we now need to convince the well-foundedness of this development program which will enable beneficiaries to move from extreme poverty to the local economy.

Today, all the files are assembled, conceptual note, complete budgets of the ADHM program, budget of each detailed project and budget of each phase finalized.

All the infrastructure plans, their detailed specifications and the construction schedule over 6 years are finished.

We are now looking for funding by bringing us closer to our future funders